

Dr. Md. Shahidullah Chowdhury

MBBS, CCD, DCH, PGPN (USA), ENS (Germany)

Specialist in Neonatology, Pediatric Medicine, and Nutrition

Phone#+8801819396226 & +8801954967823(WhatsApp)

Email# drshahid1901@gmail.com

BM&DC Reg#34536



PROFESSIONAL SUMMARY

Dedicated and highly experienced Specialist in Neonatology, Child Medicine and Nutrition with around two decades of expertise in providing critical care for newborns and offering evidence-based nutritional solutions for pediatric patients. Possesses a strong academic foundation, including an MBBS and advanced certifications from prestigious international institutions, such as the PGPN from Boston University and ENS from Ludwig Maximilian University Hospital, Munich.

Expert in managing complex neonatal cases, including preterm and low birth-weight infants, with a profound commitment to advancing pediatric nutrition through individualized care plans and evidence-based practices. Skilled in neonatal intensive care procedures, technical equipment operation, and multidisciplinary teamwork. Adept at mentoring healthcare professionals, contributing to academic medicine, and improving healthcare access for underserved communities. Recognized for pioneering neonatal care initiatives in rural areas, featured in national media, and aspiring to drive global collaborations in pediatric and neonatal healthcare. Fluent in bridging clinical excellence with compassionate care to ensure the best outcomes for patients.

EDUCATION AND TRAINING

2001 Bogura, Bangladesh

BACHELOR OF MEDICINE AND SURGERY (MBBS)

Shaheed Ziaur Rahman Medical College (SZMC), Bogura, affiliated with Rajshahi University (RU)

Field of study Medicine and surgery

2006 Chittagong, Bangladesh

DIPLOMA IN CHILD HEALTH (DCH)

Maa-Shishu O General Hospital, Agrabad, Chattogram, Bangladesh under The University of Chittagong (CU)

Field of study Child Health

2008 Bangladesh

CERTIFICATE COURSE ON DIABETOLOGY (CCD)

Bangladesh Institute of Health Sciences, an enterprise of the Bangladesh Diabetic Somiti

Field of study Diabetology

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2011 Bangladesh

CERTIFICATE COURSE ON MEDICAL ULTRASONOGRAPHY (CMU)

The International Center for Imaging Training & Research under the University & Industry Alliance, University of Dhaka

Field of study Medical ultrasonography

2016 USA

POST-GRADUATE PROGRAM IN PEDIATRIC NUTRITION (PGPN)

Boston University, USA

Field of study Pediatric Nutrition

2019 Munich, Germany

EARLY NUTRITION SPECIALIST (ENS)

Ludwig Maximilian University (LMU) Hospital

Field of study Pediatric Nutrition

2003 to 2005, Chattogram Bangladesh

POST GRADUATE TRAINING IN PAEDIATRICS

Chattogram Maa-O-Shishu Hospital under Prof. Dr. Nurul Islam khan & Prof. Dr. Wazir Ahmed

Field of study Child health

PROFESSIONAL EXPERIENCE

2023 – CURRENT Chattogram, Bangladesh

CONSULTANT-NICU & PEDIATRICS- SHAJINAZ HOSPITAL LIMITED, CHATTOGRAM

2010 – CURRENT Chattogram, Bangladesh

CONSULTANT-NICU & PEDIATRICS- CHAID CARE HOSPITAL & CHOWDHURY HUT NURSING HOME, CHATTOGRAM

2007-08 – EX-JOB, Makkah, Saudi Arabia

CONSULTANT-Al Abrar Hospital Makkah, Saudi Arabia

2002-06 – EX-JOB, Chattogram, Bangladesh

SMO- Chattogram Maa-O-Shishu Hospital, Agrabad, Chattogram, Bangladesh

JOB RESPONSIBILITIES:

- **Clinical Care:** Provide direct care to neonates and pediatric patients in NICU and PICU settings, including routine and emergency cases.
- **Team Leadership:** Guide junior doctors and nursing staff, ensuring adherence to treatment plans and hospital protocols.
- **Family Communication:** Explain treatment plans, discharge instructions, and vaccination schedules to parents and guardians.

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- Program Development: Plan and execute medical care programs to support the physical and mental growth of children.
- Outpatient Services: Conduct consultations in outpatient clinics for new and returning patients.

CLINICAL SKILLS

NEONATOLOGY SKILLS:

- Expertise in managing preterm and low birth-weight infants in Neonatal Intensive Care Units (NICU).
- Proficiency in neonatal resuscitation and stabilization.
- Monitoring and treatment of neonatal complications, including respiratory distress syndrome, neonatal sepsis, and congenital disorders.
- Skill in performing invasive procedures such as intubation, umbilical catheterization, and exchange transfusion.
- Competence in using advanced medical technology like ventilators, incubators, C-PAP and continuous monitoring systems.

PEDIATRIC NUTRITION SKILLS:

- In-depth knowledge of pediatric nutritional requirements across different stages of growth.
- Expertise in assessing and managing conditions like failure to thrive, food allergies, and nutritional deficiencies.
- Proficient in advising families on optimal dietary practices, including breastfeeding, complementary feeding, and special diets.

TECHNICAL SKILLS

NEONATOLOGY TECHNICAL SKILLS:

- Expertise in operating neonatal ventilators, CPAP (Continuous Positive Airway Pressure) devices, and incubators.
- Mastery in performing invasive neonatal procedures like umbilical catheterization, lumbar punctures, and chest tube insertion.
- Proficient in administering Total Parenteral Nutrition (TPN) and specialized feeding techniques for preterm infants.

PROFESSIONAL MEMBERSHIPS

- Life member of BMA & Reg#1001179
- Life member of BPA & Reg#737
- Life Member of Agrabad ma o shishu hospital & Reg#4782
- Life Member of Bangladesh Doctors forum & Reg#103182

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EXTRACURRICULAR ACTIVITIES

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- Life member of Bhatiary Golf & Country Club
- Life member of Shaheen Golf & Country Club
- Life member of Chattogram DOHS badminton Club

PUBLICATIONS AND PRESENTATIONS

11/2023

Efficacy of Iron-Fortification in Complementary Feeding for Prevention of Iron Deficiency Anemia in Children of Bangladesh: American Journal of Health Research

MEDIA FEATURES AND PUBLICATIONS

Presented groundbreaking treatment approaches for low birth weight newborns on BTV, NTV, ETV, NAGORIK TV, highlighting innovative interventions and remarkable outcomes.

Featured in [**Prothom Alo, Bangladesh Protidin,,Purbodesh, Infobangla,protidiner sonbad,Morning Glory,**] for success in treating critically ill low-weight newborn, showcasing expertise in neonatal care and patient recovery.

Authored articles on neonatal health and nutrition in [**Dainik Azadi & Purbadesh**], emphasizing evidence-based practices and collaborative care strategies.

HUMANITARIAN ACHIEVEMENTS

Revolutionized neonatal care in rural areas by providing advanced treatment for low birth weight infants from economically disadvantaged families, often at minimal or no cost.

Focused on remote villages of Hathazari Upazila in Chittagong District, ensuring healthcare accessibility for underserved communities.

Featured in major national media outlets, including Nagorik TV, ETV, BTV, NTV, and various national dailies, for impactful contributions to neonatal care and humanitarian efforts.

Honored with prestigious awards, such as Srestha Shontan Sommanona 2019 (Momota, Halishahar) and Sommanona Sharok (Uttar Madarsha Ulama Parishad), recognizing exceptional dedication to improving community health.

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PROFESSIONAL DEVELOPMENT

Engaged in over 100 seminars and specialized training sessions addressing key topics such as low birth weight newborns, neonatal care, neonatal infections, and pediatric nutrition.

Developed advanced expertise through continuous professional education, contributing to improved clinical outcomes and innovative practices in neonatal and pediatric healthcare.

YouTube channel links: <https://youtube.com/@drshahid5483?si=uxL7weINTfxaCdPG>

LANGUAGE SKILLS

Mother tongue(s): **Bengali**

Other language(s): **English**

RECOMMENDATIONS

Prof. Dr. Wazir Ahmed

FRCP (Glasgow)

Director, Institute of Child Health

Head of the Department of Neonatology

Chattogram Maa-O-Shishu Hospital Medical College, Agrabad, Chattogram, Bangladesh

Email wazir_neonatology@yahoo.com | Phone (+880) 1819318768

Prof. Dr. Nurul Islam Khan

MBBS(Dhaka), DCH (Glasgow)

MRCP(UK.) PAED. FRCP (EDIN), FRCP (Glasgow)

Professor & Academic Director

Chattogram Maa-O-Shishu Hospital Medical College, Agrabad, Chattogram, Bangladesh

Email nurulkhan0077@gmail.com | Phone (+880) 1711750040

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